



# The Hatchet

November 10, 2009

Washington High School 38442 Fremont Blvd. Fremont, CA 94536

Vol. 91 Issue 2

## Former homecoming queen and Mr. Husky announce 2009 title winners



**A hired chauffeur drives homecoming queen Kellie Ishisaki and her father during the football game. The 2008 title winner Erika Gerards crowned the current queen, while the 2008 Mr. Husky Brian McMahon crowned Cedric Lousi as the 2009 winner during the homecoming dance.**

Photo by MIKE ALMASON

ALEX TYLER  
Staff Reporter

During halftime at the homecoming game, November 6, after performances by the cheer team and the school band, an excited crowd waited with bated breath for senior Breana Meagher to announce this year's homecoming queen. The 2009 homecoming queen is Kellie Ishisaki and the runner ups are Kimberly Chatterjee, Emily

Khuc, Monique Pascual and Shay Mozzetti in second, third, fourth and fifth places, respectively. Erika Gerards, last year's homecoming queen, returned to crown Kellie as queen. The court rode into the game in convertibles, escorted by their fathers, all of whom were ecstatically proud of their daughters. All of the girls were happy for Kellie, and proud to be part of the homecoming court.

"I was really excited. I had been hoping that she would win because

she has done a lot for the school throughout the year," Chatterjee said.

The next night, at the homecoming dance, this year's Mr. Husky was crowned. Brian McMahon, last year's Mr. Husky, came back to crown Cedric Lousi as the winner of the title. The first, second, third and fourth runner ups were Austin Wong, Ben Rich, Seth Neumann and Jack Veronin, respectively. Halfway through the event, the lights were turned on,

and everyone stopped dancing as the Mr. Husky nominees were led onto the stage by the homecoming queen nominees. There were smiles all around when Cedric was announced as winner, and he broke out into a huge grin while his mom came on stage to congratulate him.

"I was just excited and happy that I won," Lousi said. He definitely hoped to win and it came as a great surprise when his name was announced.

## One class links two

CHRISTINE HARMS  
Staff Reporter

History teacher Eric Shawn and English teacher Jeffrey Speckels have offered a new class, American Studies, to juniors. This two-period course is a combination of American Literature and United States History curriculums. The teachers coordinate their material so activities and topics overlap between subjects.

This unconventional method of teaching is able to effectively impact its students in ways that a normal class could not. The emphasis of the course is establishing the link between history and literature as well as understanding the relevancy of the subjects taught. Students are able to be more impacted by the books covered when they understand the historical context of the story. For example, the study of the effects of racism in the United States draws heavily on themes found in *The Adventures of Huckleberry Finn*.

Along with a connected curriculum, the class also focuses heavily around projects. These include both cross-subject assignments as well as service learning projects. Shawn thinks the students are more engaged by the concepts in class when they are presented in this hybrid manner. Recently, the class has participated in a mock trial on constitutional issues. This helped students apply laws to issues such as freedom.

"Students working together is key [in this class]," Speckels said.

These projects get students more engaged with the concepts, as well as the community. When the students work together, they seem to grasp information more easily.

"I think it is way more effective the regular English and history. It is a project based class and that is awesome. I would totally take a combination class again," junior Rachel Das said.

Shawn and Speckels decided to collaborate on this class because of the impact that similar classes in their high school experiences had on them. The teachers are able to play off each other's educational strengths. Since both teachers are interacting with all the students, they can better observe and understand the students' abilities. As a result, they can focus on helping the students in the best way possible.

## ASB sells Christmas trees for a new marquee

PAIGE CASTREN  
Staff Reporter

ASB is selling Christmas trees to generate money to buy a color marquee. Activities director Helen Paris found out about this idea when she went to a leadership conference. The long term goal is to have a color marquee installed within four years. With a color

marquee, ASB would have the opportunity to display ads and pictures; now the marquee can only display word messages.

"It will let us do so much more than what we can do now," ASB president Seth Neuman said.

Leadership students have spent the month of October spreading the word through posters and the daily bulletin.

"Everyone we've talked to seems really interested," Neuman said.

Students have to order the trees by Nov. 18. The different types of trees include Douglas, Noble and Grand ranging in price from \$40 to \$85. ASB is also selling wreaths and garlands. The trees are from Oregon and will be cut 48 hours before delivery. Students will be able to pick them up Dec. 5 from 9

a.m to 2 p.m. in the senior parking lot.

Even though not everyone celebrates Christmas, Neuman believes this an appropriate fundraiser "because it has a potential to make a lot of money which will benefit students."

ASB does not have any other fundraisers planned at the moment for the marquee.

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### Technology enslaves teens

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### The results are in!

## Breakdown of the Spirit Week scores

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### James Logan High School takes the Pop Gould trophy from WHS

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Students eat their lunches in the amphitheatre during the Halloween rally. There were over 500 students present. Photo stich by CHRISTELLE XU

## Halloween rally draws largest crowd in 20 years

KEERTHIKA RAMAKRISHNAN  
Staff Reporter

The amphitheatre packed 500 to 600 students for the Halloween rally, and almost 800 students and faculty members were fed.

“The Halloween rally at lunch on October 30th attracted the biggest crowd I have seen in all my years at Washington,” activity director Helen Paris said.

There were barely any seats available for students who came late to rally. The Halloween rally has been a tradition at Washington High School for the past 20 years.

Unlike other schools in Fremont who usually have international kitchen for a week, Washington hosts Barbeques throughout the school year. The rally is funded by money from ASB cards. Most

of the money collected through the buying of ASB is returned to students in the form of rallies. Students purchased food for a \$1.00 without a costume and \$.50 with a costume; teachers in costume got food for free.

In general, the Halloween rally usually consists of a costume competition, pumpkin carving and bobbing for apples.

The Halloween costume contest contained a wide range of costumes, from a Roman goddess to Po from Teletubbies.

First prize for pumpkin carving went to junior Kaitlin Loob, and senior Alex Tyler won first prize for apple bobbing.

The funniest costume went to the costume group, “Irony,” with two prisoners and a cop.

The most creative costume was sophomore Alex Rich’s hitchhiker.

The spookiest costume award went to the mimes, senior Emily Hues and senior Dylan Jarvis.

For the first time at lunch time, there was a live performance by a new R&B group called New Era who sang a couple songs to end the largest Halloween rally in Washington history.

## California law restricts vending machine content

HTOO HTOO LU  
Staff Reporter

Major changes in the content of the vending machines have taken places in all high schools across California since the beginning of this school year.

Large Gatorade bottles have been replaced by smaller, more expensive ones; healthier fruit juices have taken the place of sodas; and only healthy snacks are now available.

Arnold Schwarzenegger in 2005, set healthy standards for foods sold in California public schools. This bill went into effect for all beverages July 1, 2009.

As a result, it became required that all beverages sold on the school campus be one serving size, making the containers smaller and more expensive.

It is cheaper to package something bigger; as more material is used, the price of the

material decreases. Also, prices for the beverages raised to a minimum of \$1.25. In addition, the school is not to sell any snacks or sodas that are not in compliance with the law within 30 minutes of before and after school.

The law states that schools can still have vending machines, as long as soda isn’t sold during school hours and the 30 minute periods before and after school.

In order to still offer alternatives to the students and still be in compliance with the law, soda machines are to be added near the drama department and the gym in the future.

also been added to the vending machines, giving students more choices despite the restrictions. New varieties include apple juice, V8, yogurt pretzels, Fruit by the Foot, Cliff bars, Odwalla bars, healthy chips, etc.

“I’ve done everything I can to honor the law and offer alternatives to students at the same time,” Paris said.

The school only makes around \$1000 per year through these vending machines, receiving a 15% commission off of the food and drinks sold.

Even though the school receives little profit from the products in vending machines, the school continues to offer these services to students.

“Everything we do here is not for profit, but for service,” Paris said.

As of right now, the school has eight vending machines all over the campus. However, Paris is planning to add more varieties of vending machines such as a Slurpee machine and a frozen yogurt machine to the school campus.

Activities director Helen Paris plans to put timers in the soda machines so that people can’t buy soda until thirty minutes before and after school. However, soft drinks are still available to students throughout the whole day.

More snack varieties have

“Everything we do here is not for profit, but for service.”

Helen Paris

### Senate Bill 12 Guidelines No more than...

400  
calories

4  
grams of fat  
per 100 calories

...for entrees.

250  
calories

35%  
total calories  
from fat

10%  
total calories  
from saturated fat

...for snacks.

## WHS Math Club takes a bite out of victory pie

BRIAN JEON  
Staff Reporter

The recently created Math Club had their first competition Oct. 13. The competition is called the Math League and is issued uniformly to all high schools. It consists of six math problems to be completed in 30 minutes, and is proctored by the

club advisor.

“The problems are based more on logic rather than difficult techniques. A freshman would be able to complete the problems,” Math Club advisor Ioana Browne said.

The competition resulted in success, with 34 participants and a total score of 29 out of 30 gathered

from the top five scorers. Browne believes that the success of the competition reflects the success of the club as a whole.

“It was a lot of fun. And even though I understand that there are regulations to the test, it was still strange that so much time was given. Either way, it was quite fun and very well organized. It had

an amazing turnout,” senior Sean Chadha said.

The Math Club was created this year when senior Nicole Pham had the idea on a whim. After hearing of the idea and the academic nature of the club, Browne gladly accepted Pham’s request and became the club advisor.

“The point of math club is to get

students excited about math. The students get to see math outside of the classroom and see the problems more as puzzles and fun problems,” Browne said.

The club aspires to compete with other schools such as Mission San Jose High School and to join international competitions such as the American Math Competition.

## What's Choppin'? New Leaf Club

BRIANA TERRY  
Staff Reporter

New Leaf Club, created by junior Julien Malard, is a branch of the Environmental Club. With the thought of dividing the club into different groups, Malard came up with the idea of "New Leaf," a club that specializes and focus more on community service.

"[The club] also focuses on telling students more about the environment and spreading the awareness," Junior Lisa Ramie said.

### Upcoming Events

**Nov. 11**  
Veteran's Day- No School

**Nov. 10**  
Christmas tree orders due

**Nov. 20** @ lunch  
Thanksgiving rally

**Nov. 23-27**  
Thanksgiving break- No School

**Dec. 3-5, 7-11**  
The Odd Couple

**Dec. 7-14**  
Toy Drive

**Dec. 12** @ 8-11  
Winterball

## CSF allows non-members on trip to university

CHRISTINE HARMS  
Staff Reporter

The California Scholarship Federation (CSF) allowed non-club members to attend their field trip to UC Santa Cruz, Oct. 30 due to a decline in member interest.

Club president Emily Khuc decided to open the trip to all interested Washington students, in order to cover the various costs such as transportation.

Senior Chris Valdez was one of the students who benefited from this decision.

"I thought that the UC Santa Cruz trip was very well planned. The tour was informative and the campus was great. Everything was organized well, and I definitely want to join CSF in January," Valdez said.

The trips gave students an opportunity to take a campus tour as well as attend an admissions

presentation and experience the dining hall. Students were able to get a realistic view of typical college life at UC Santa Cruz.

The annual trip is meant to give college-bound students, especially seniors filling out their applications, a chance to visit a college campus before applications are due in November.

"[Visiting the college] gives students a much better idea of what's going on and what the environment of the campus is like...also it's more convenient and nice to go on the tour with your peers rather than your parents," Khuc said.

Khuc does not foresee the field trip being open to all students in the years to come. The annual field trip is considered one of the privileges of being in the club, along with the banquet in the spring and scholarship eligibility senior year.



Photo by BRITNY STEWART

Participants who went to UC Santa Cruz pose for a group picture. CSF allowed non-members on their trip.

Any students interested in joining CSF can apply for membership in at the beginning of the second semester in February.

## Economy influences future of student and intern

CHRISTELLE XU  
News Editor

California budget cuts deprive students and staff of future opportunities.

Taryn Wright, an intern for counselor Britny Stewart is considering her options as a high school counselor. Wright's career choice stems from her own

experience in high school.

"I just had a really good school counselor. She really pushed me to my full potential, and I wanted to do that for someone else," Wright said.

However, job openings for school counselors are limited. These receding opportunities parallel challenges faced by seniors.

Although he originally intended

to go to college and major in Criminal Justice, senior Eduardo Vasquez has chosen to go into the Reserve Officers' Training Corps (ROTC) and eventually join the Air Force.

"The reason why it would kind of hard to go to college is I'll get a degree, and since the economy is so bad, they're not hiring a lot of probation officers, I won't have a

career," Vasquez said.

By changing his career plans, Vasquez hopes to make a more profitable future for himself.

Like Vasquez, Wright continues to pursue other ways to further herself in her career.

"I'm thinking about nonprofit organizations, just getting some volunteer work to make myself more marketable," Wright said.

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**Mission**

The Hatchet is a forum for student expression and discussion of ideas uncensored by school officials. The Hatchet staff seeks to ethically produce an accurate record of the news, sports, issues and people of the Washington High School community.

**Letters to the Editor Policy**

The Hatchet encourages public opinion through Letters to the Editor, which represent the opinion of the writer only. An editor must confirm submission of all letters with the writer. Writers may request that their letter be printed anonymously, but The Hatchet will not print letters submitted anonymously. Letters will not be edited. If a letter is not publishable due to legal liability, poor taste or length, the letter will be returned to the writer for revision.

Letters should be addressed to "the editor," and given to a Hatchet staff member, hand-delivered to Room E221, sent via email to <editor@whshatchet.com>, or mailed to WHS-The Hatchet / 38442 Fremont Blvd. / Fremont, CA 94536.

Additional options needed for healthy lifestyles



Staff Editorial

Individuals must make their own choices about their lifestyles, but outside forces can undoubtedly influence those decisions with little steps. The series of California laws against junk food alone are not completely effective in promoting a healthy way of life. However, they influence people into making the right choices. Despite this, we must take further steps into helping future generations become fitter groups of people.

The previously named Senate Bills 12, 19 and 965 force schools to stop selling junk food that does not follow the health guidelines listed in the documents. In addition, serving sizes are generally smaller, but food and beverage prices are high due to more costly packaging costs. The larger the container, the cheaper it is to package the item. These inconveniences have impelled students to flock to vendors that have the same items available for cheaper prices. Students are willing to take the time to walk off campus to satisfy their wants. Otherwise, they can bring food and drinks from home.

One way of solving this issue is to close the campus. Of course, the majority of students would disagree with this idea. As long as the school continues to have an open campus, there is no solution to this particular problem.

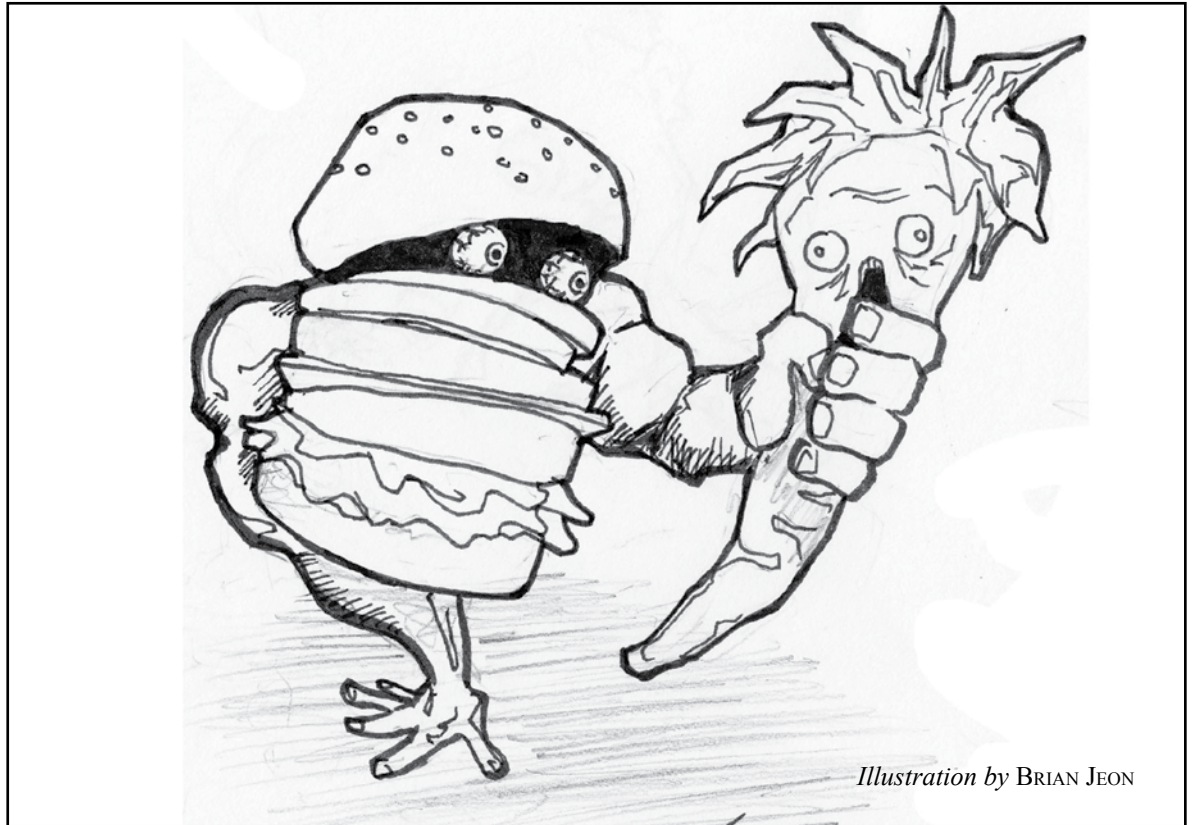


Illustration by BRIAN JEON

However, there are other ways to lead people to a healthier lifestyle.

As a school, we must come up with efficient ways that we can carry out directly. Not only that, but we should give people a choice to take up a healthy lifestyle, rather than forcing it on them. After all, everyone should have the responsibility to make their own decisions. Students should exercise and eat healthier, rather than give their consent towards the ban. If anything, they can moderate the amount of junk food they consume.

Fortunately, our school already

presents us with opportunities to maintain healthy living. With the requirement of taking two years of P.E. class, students have a choice to take additional years, but the school doesn't force students to spend all four years of high school taking this class.

In addition, certain clubs, such as the Ultimate Frisbee Club, allow students to have fun moving around and playing games. These student associations also give students a chance to make new friends and share interests.

It is also great that PTSA plans

to provide sources for recreational activities on campus. Once basketball hoops and tetherball courts are installed, students would have more opportunities to become active.

Such resources add to the external factors that hopefully influence individuals to make physically beneficial choices. We shouldn't rely on laws to force people to become healthier. As mere individuals, we can be just as strong—if not stronger than the Senators and other politicians within our state capitol.

Pros and cons: closed campus Supervision prevents misconduct

JOSHUA DAS  
Opinions Editor

Sometimes what is good for us isn't the thing we always want. For instance, most students prefer an open campus during lunch, regardless of the side effects.

When on campus, students are less likely to be tempted into some form of delinquency. How many times a year have you heard, "Hey did you hear about that fight in McDonalds?" Fights occur off campus every year. Without proper supervision, the outcomes are unpredictable. If we disallow students from

leaving the campus, there would be less violent encounters.

Also, the more drivers get around in their cars, the more likely they are to get into an accident. With the parking lot mayhem during lunch, the new drivers are merely asking to test their parents' auto insurance. Cars can crash into each other or into pedestrians. Accompanying this worry, drivers would have to be wary of all the gas they spend. Sure, it doesn't seem like much to drive to Subway and back, but the amount of used gas does add up.

A closed campus would ensure fewer tardies to class as well. Students wouldn't have to deal

with going to the Fremont Hub or farther locations, and hurrying back before the second bell rings. The food at school would also be healthier, such as a salad, in comparison to a Big Mac.

In addition, with a closed campus, students may feel compelled to bring their own lunches. This would save them even more money, since they would not have to pay unreasonable prices for food that is half as good.

So even though a closed campus is not what everybody wants, the scenario's pluses outweigh the minuses.

Students cling to lunch privileges

SARAH DELANDA  
Staff Reporter

For as long as I have been at Washington High School, and even, in all probability, before, there have been debates about closing our campus at lunch. While it has been considered a "success" on other campuses, WHS can't do it quite yet. We don't have the structures to hold that many kids on campus, much less provide adequate food for them. At this point in time, I can't imagine we have

the money we would need to get them, either.

Even assuming that we did, there are plenty reasons we shouldn't close the campus. Namely, we should have a choice in what we eat, and most of us don't have the time to make our lunches every morning. It has been mentioned that we could bring businesses onto our campus. With or without the new health regulations in place, WHS would still be hard pressed to find options that are both affordable and edible.

And as far as junk food goes,

even if we were allowed to buy it at school, it's a step back from things. At least, before, we're doing a little bit of walking before we fill up on Trans fat.

It's both unfair and unrealistic to strip WHS students of our lunch privileges. Yes, there are late students and off-campus fights, but there are late students and fights on campus too. There will always be a few bad eggs in any group, but that doesn't mean the majority should have to pay for it.

Spirit Week takes time away from teaching

JIMMY YOUNG  
Staff Reporter

As a great teacher once said, "time is money." So are you spending that intangible time? Was Spirit Week really worth it?

Those countless hours put into a skit that will go on for 25 minutes. All that practicing, planning, writing, drawing and flying—did we spend a month's worth of time, just so we could jump around in the gym during lunch?

I know a lot of you are going to college. Doesn't that have more weight than a week of recreation? You could have taken the SAT's last week.

Spirit Week used to be a tradition of preparation for Homecoming, a week to boost our school morale for the upcoming game. Nowadays, people who dress up don't even attend the game. The tradition has morphed into an emphasis on spirit, rather than the game. It seems appropriate as it blurs the line between school spirit and game spirit. But now our generation has become one that contains numerous activities that occupy us in too many ways. Our lives have so many things to attend that Spirit Week isn't necessary.

# Policy causes students to hang their hats

BRIAN JEON  
Staff Reporter

Recently the school had an unofficial hat protest to counter the “no hat policy” administered this year. The administration reacted with a threat to confiscate every single unauthorized hat they saw. The protest was met with minimal consequences, but the hat rule continues to exist.

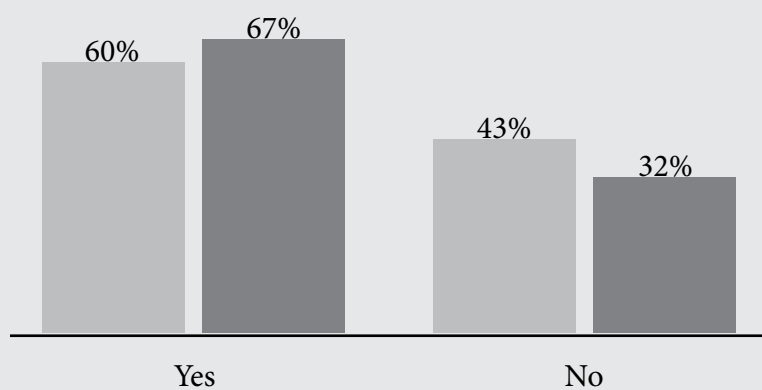
The district said the hat rule was made because hats could signify gang affiliation. While that accusation may have some degree of truth to it, it is a broad and ineffective rule. Sure, the rule can stop gangs from representing themselves through the use of hats, but what is there to stop them from using some other medium to express their affiliation? What if they started to use wrist bands? We should get right on banning that too! People will always find a way around a barrier, but that doesn’t mean the district should destroy every little pebble that gets in the way.

The price we pay for this is much greater than what we gain. From the rule, we supposedly stop the horrible crusade of gang affiliation through the expression of hats, but we lose part of the freedom to wear what we want. Hats are a great part of what students wear to express themselves.

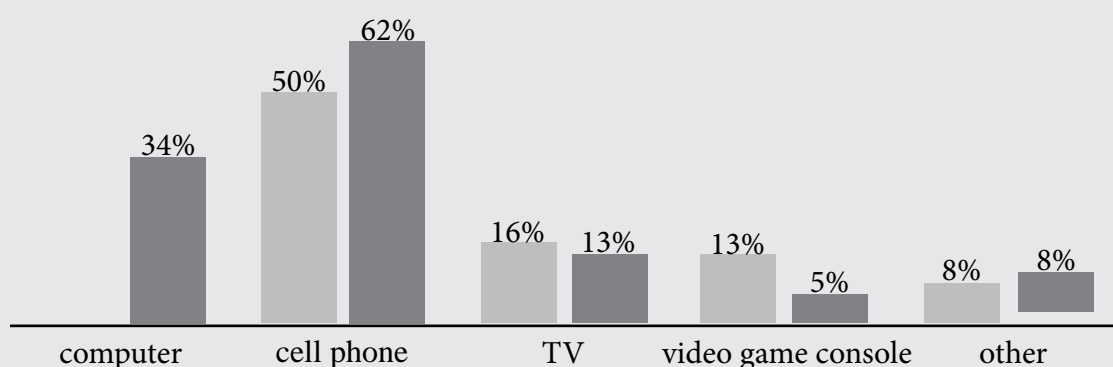
However, simply complaining to the school and protesting is not an effective way to express hate for the measure. The rule is a district policy, and no amount of protest will change the school’s rules. To actually change the mandate, students will find it best to discuss it with the FUSD board members and the Fremont Police Department, which implemented the policy in the first place.

## Poll: technological addiction

Would you consider yourself addicted to technology?



Which electronic device do you use the most?



149 underclassmen (freshmen and sophomores) and 201 upperclassmen (juniors and seniors) were polled.

Legend:   
□ Underclassmen   
■ Upperclassmen

# Electronics invade teen life

SIMRUNDEEP KAUR  
Staff Reporter

You wake up in the morning and check your phone for text messages and voice mails. Then maybe you turn on the computer to glance at your Facebook and e-mail. After school you’ll probably find yourself in front of a TV or a computer. As you grudgingly begin your homework, you hook up your headphones into your iPod and amp up the volume.

Addicted much? Technology may be a necessity, but it is also distracting. We have become so dependent on it that we were bound to become addicted.

This addiction has fed society’s desire for constant advancement. Every few months, innovators release something new, something everyone wants and something everyone thinks they need.

Take iPods for example. Ever

since its initial release in 2001, the device has undergone numerous makeovers. There are now 23 different versions of the various models: classic, mini, nano, shuffle and touch. Now, after only a short amount of time, Apple has developed the iPod Touch and the iPhone with a heat sensitive screen. People can easily access the Internet from these two devices, as well as there being thousands of available application.

The snail mail days are almost nonexistent now. With e-mails and text messages, who needs letters? We can relay a message to someone in the blink of an eye. When snail mail was the primary form of communication, it would take at least three days for someone to receive a letter. Now it is rare to get a card or letter from a loved one.

In addition, computers have gotten progressively thinner and smaller. Macintosh’s elementary

days are long gone. Now we have come to enjoy things like the Mac Book Pro. Better yet, everything on a computer can now be found on cell phones, which are even smaller than even today’s computers. It makes one wonder what will be invented next?

How many teachers still use overhead projectors for everyday lessons? We have ceiling projectors that connect directly to computers.

Map books too, have undergone a change. No one consults them anymore. Everything is online: the map, the estimated travel distance, the estimated time of travel and even shortcuts.

Anything and everything can be found on a computer now; the Internet is a beautiful thing.

Nonetheless, the addiction remains, and grows stronger as each day goes by. How bad will it get? A day without any technology would be an interesting one indeed.

## So It Goes



by Christine Harms

# College apps give one-sided view to schools

Applying to four-year colleges is nothing short of daunting. The acceptance rates have been getting progressively slimmer at universities; budget cuts are not helping the situation either. For example, the prestigious UCLA only accepted 21.7% of their applicants for fall 2009, while UC Berkeley closely trailed behind with an acceptance rate of 26.6%.

It is nothing short of scary to be confronting these statistics as a senior. No matter how bad I want to get into certain schools, there is really nothing left for me to change. Three years worth of my strengths and shortcomings are reduced down to a computer screen full of grades, test scores, a list of extracurricular activities and a personal statement. All I can do is insert the black-and-white facts of my past three years into the applications, pay the fees, click the submit button and proceed to impatiently wait for months to hear the reply.

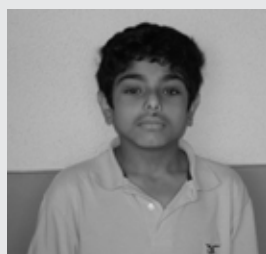
Although the system is set up to run with great efficiency, it can also leave the applicant with a cold, detached feeling. For example, the University of California system breaks their admissions evaluation down to a mathematical equation. Certain elements are weighted more heavily, such as grades, based on their perceived importance. This system may promote a sense of fairness and equality. But how can an equation truly reflect not only the well-roundedness of a student, but also take into account who the student actually is?

There is more to me than what I can fit into that application. I am a living, breathing human being, not a number popped out of an equation. Colleges claim the grades and test scores are the best predictor of future success, but I disagree. My grades and scores are not perfect, but they only represent a small piece of the person I am becoming. Although the personal statement allows for some personal expression, 1,000 words cannot sum up who I am and what I stand for.

In order to get into a decent college, it is a good idea to maintain your numbers. Regardless of whether you get in or not, don’t lose sight of your passions and goals; they matter more in the long run than a sheet of cold, hard facts.

# Huskies in the Halls

How would your lunch change if our school had a closed campus?



WALEED EBADI, 9

“I would hate it because I would rather eat at Fortune Cookie or McDonalds than here.”



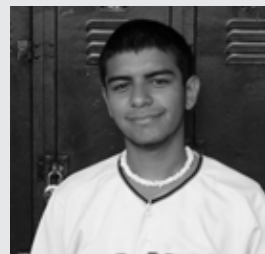
KATELYN CLARK, 10

“My lunch wouldn’t be as delicious, and I think I have more fun off campus than on campus.”



TAMARA ACHANZAR, 11

“I would hate it because we would not have enough freedom, and our lunches would be limited.”



ANTHONY CISNEROS, 12

“I would probably bring lunch more often, eat healthier and eat less.”

## Males may get HPV vaccine

JUDY WU  
Staff Reporter

The Human Papillomavirus (HPV) vaccine has only been given to women, but doctors are trying to make the vaccine available to men. Clinical trials are processing, but is the change going to make a difference?

Every year in Health Class, students learn about sexually transmitted infections (STIs), but students don't know HPV is the most common STI. Health teacher Ruth Bauer states HPV has already affected 70% of women in the world.

Genital warts are a type of HPV. Since genital warts affect both females and males, Bauer thinks giving the HPV vaccine for males would be beneficial.

"There aren't any treatments for the viruses currently so the vaccine is the best way to be protected from HPV viruses," Bauer said.

However, a vaccination is not an excuse for unsafe sex. As both Bauer and Sotelo say, the best way to protect oneself against HPV and other STIs is to use condoms or practice abstinence.

"If the vaccine is provided to males, it would decrease the amount of viruses passed on from the male population, [but] doesn't really inform the public about the real dangers of the viruses," Sotelo said.

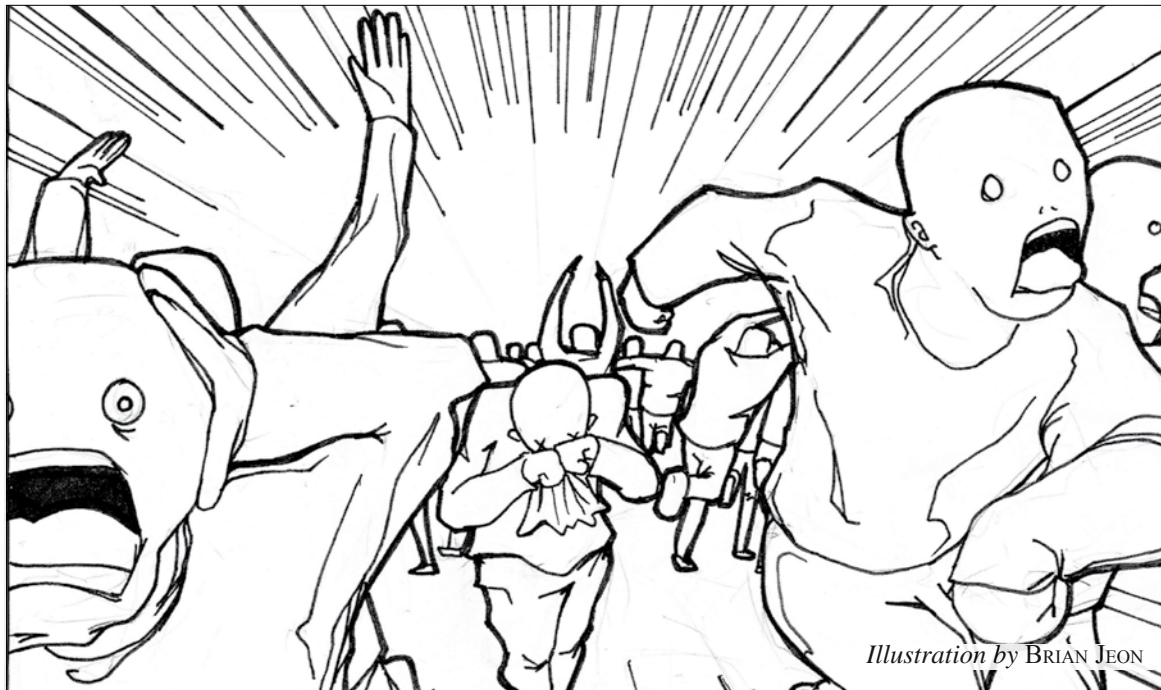


Illustration by BRIAN JEON

## Students should stay home when sick

AMANDA NAVA  
Staff Reporter

With the flu season starting, both H1N1 and the seasonal flu are affecting a lot of students. There are a many empty desks around campus, but some people are coming to school and spreading diseases around without even noticing it.

Spreading viruses can be as innocent as rubbing your eyes after touching your desk. Simplest acts can make the difference between being healthy and being sick.

"One of my friends had the flu really bad and I drank from her drink and I got sick a day later," junior Jessica Kane said. "I had to miss a week and half [of school] because of [the flu]."

If cold symptoms include mere sniffles, staying home is an extreme measure. However, if you get a fever, then stay home.

If you go to school, not only will you get others sick, but your illness can get significantly worse.

Makeup work is allowed for those who miss school for a day, but if you miss multiple days, makeup work becomes complicated. The lessons you miss make the makeup work almost impossible to do. Teachers not only expect students to turn in makeup work, they demand regular class work to be completed simultaneously.

"For certain classes if you miss a day then you're totally lost. So if you don't show up then you'll

end up failing, making people feel pressured to show up even if they're sick," junior Michaela Utigard said.

Fortunately, teachers are usually generous when it comes to makeup work. They understand that you also have five other classes to make up work for. But there are always students who take advantage of the system and miss school to avoid assignments or tests.

No student should feel the need to go to school and endure their sickness in a stressful environment. Missing a few days of school will give the school healthier students who are able to concentrate on their work.

## Healthy food wards off students

MICHAELA GO  
Features Editor

Campus food may not taste great, but may be healthier. Rules are set on food sold on-campus. Kristen Keith, FUSD Director of Nutrition Services, says nutrition guidelines are set to create a "healthier food environment."

Students wonder if school lunch is really much healthier.

"[School lunch] is adequate but not good enough to keep half the kids on campus during lunch," senior Cewai Ho said.

Furthermore, most students agree that cafeteria food is expensive and unfilling.

"I'd rather go off campus and get more food for my money," senior Alex Gilham said.

While it's true that food prepared at fast food restaurants easily contains over 400 calories, they also have options below 400 calories. Also, calories and fat are not the only measures of nutrition. A six-inch Subway sandwich may be over 400 calories, but it is a balanced meal of carbs, protein, and vegetables. If you want to eat healthier, then choose what you eat carefully. Check the nutrition facts available at most fast food restaurants and avoid ordering the 970 calorie Chicken Ranch Fully Loaded Taco Salad at Taco Bell. Skip the soda and opt for water instead. You can even try packing your own lunch.

## Seven days without exercise makes one 'weak'

AMANDA NAVA  
Staff Reporter

People often relate exercise to toned muscles, but the fit physique is just the visible advantage of regular exercise.

Regular exercise can even make people feel happy due to the endorphins—hormones—that are released into the brain when working out. Believe it or not, when people don't exercise, they become even more lethargic.

P.E. is a class where students have one period to exercise.

Students can use P.E. as a release of tensions and pent up energy from quietly sitting still in a classroom all day.

When entering junior year of high school, students are no longer required to take P.E.

Junior Rachel Das said, "I miss P.E. because it's a class where you can let all of your excess energy out."

Few juniors and seniors pick P.E. as an elective, but that doesn't mean that they lose their source of exercise. Lots of students still exercise and play sports, either for

school or for recreation.

Sophomore Erin Swardenski is on the water polo team. She believes that team sports helps students keep fit while giving the athlete the experience of working hard as a team and having fun at the same time

With all of the benefits of exercising why people don't do it? Exercise can be as intense as Swardenski's water polo work outs to simply walking instead of driving all the time. With minor lifestyle adjustments you will start feeling healthy and happy.



Photo by RAPHAEL GHIEUW SIEN

Students play jump rope in P.E. during sixth period. It is one of the activities they do during "Wonderful Wednesday."

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**FRESHMEN:**

It's a dangerous habit and yet it's an ordinary one for many students: procrastination. If you conquered this problem in junior high, you're in good shape. If not, it's not yet too late.

Why do students procrastinate? The most obvious explanation is laziness. Some students don't feel like completing the task, so they delay it. It also depends on what the students prioritize: education or fun. Completing homework doesn't necessarily mean a sacrifice of amusement.

If students make it a priority to complete homework before they have fun, then they won't have that little anxiety in the back of their minds about completing homework. The cure for procrastination is practical, yet hard to implement. If the job can be completed right now, then complete it right now. Leave no other option for yourself. The key is to control your mind rather than let it control you.

Some colleges don't include grades from your freshman year into your GPA, but it doesn't mean these grades aren't important.

"Students shouldn't start messing with their grades in their first year of high school," senior Jason Liu said. Getting good grades your first year will prepare you to continue to be a successful student. It's not easy to "flip the switch" your sophomore year and suddenly start getting good grades. Study habits influence grades, and if students don't develop effective study habits soon, then their grades will definitely suffer. The study habits you develop as a freshman will stick with you until you're a senior and even as a student later on in college.

**SOPHOMORES:**

Everyone knows that 40 hours of community service is needed for graduation, but many students leave it for the last minute. Don't wait! Get your service hours done as soon as possible. Plus, getting a lot of hours looks great on college applications.

There are a lot of places right here on campus where you can get your community hours done in no time, and you might even make friends in the process.

Key Club, Interact Club, and Link Crew are great and can help you get your community hours done fast. You can volunteer set up events here at Washington.

You can even get your hours done by performing for multi-culture or at the talent show, which is a great way of showing your cultural dances and making new friends by dancing with them.

If you're good at math you can help students that take after school tutoring and get your hours completed their. Volunteering at Washington hospital is also a great way of getting the hours out of you way and having the experience of working in a hospital.

The faster you get done with your hours, the better it is because its one less thing you would have to worry about graduation.

**PEARLS OF WISDOM**

**JUNIORS:**

Many students wonder what the difference is between the ACT and SAT. Most colleges accept both ACT and SAT scores and view them as equals; the trickier part is deciding which test to take.

The SAT is more based on critical thinking and reasoning. The ACT is more curriculum-based, measuring what the student has learned in school.

The SAT includes three categories, critical reading, writing, and math, which are broken into 10 smaller sections. The ACT includes English, math, reading, science, and an optional writing test. The test is broken up into 5 sections corresponding to the categories. For some, switching from math to reading to writing every 25 minutes or so seems distracting, while to others, it may seem refreshing.

According to college counselors, for high achievers, the ACT might be easier, since it more closely resembles a school-given test. Bright, but not necessarily hard working students may do better on the SAT since it relies more on reasoning.

If you're still unsure about which test to take, free practice tests can be found on test-prep school websites such as theprincetonreview.com. Concordance tables, which show SAT and ACT equivalent scores can be found online.

**SENIORS:**

It's November, and the feelings of stress and fatigue are once again on the rise for seniors, due to college applications and SAT's or ACT's. Here are just a few facts and pieces of advice that may help you ease the stress of November:

For all seniors applying to CSUs: use CSUMentor! It's easy, fast, and everything can be done online! You just have to fill out one application, and the site does the rest, except for Cal Poly and Ponomo, and even then, it is made much easier by CSUMentor. Visit and apply at [www.csumentor.edu](http://www.csumentor.edu) and get things done.

"Don't slack off. I know a few people who slacked off and got rescinded from colleges," WHS alum Jonathan Pham said. "Make the most out of senior year. It's your final year in high school."

Don't view all the assignments, chores and applications you have to do as a whole, or else you will stress out about how much you have to do. Take it in little bits; view it as a staircase. Take one step at a time.

If you are having a lot of trouble with college applications, go get help. Our school counselors can be a mine of information. If you are interested in scholarships, see the career counselor, Michelene Wittmer.

Also, it is an established, yet not well-known, fact that getting your eight to ten hours of sleep is more important than a night's worth of study. While sleeping, your brain records the events of the day, integrating the events of the day for future use. If you stay up all night, you won't integrate all you studied into your memory. Thus, go to sleep!

Anterpreet Kaur, Simoneel Czar, Michaela Go, and Chase Glenister



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# Spirit Week 2009!



Seniors explode with senior spirit during Army Day, the first day of Spirit Week. They do their best to intimidate the other classes.

Photo by JIMMY YOUNG



Freshmen show their school spirit, while rallying on the amphitheater hill. Sports day is one of the traditional spirit week dress up days.

Photo by JIMMY YOUNG



English teacher, Sharon Jones, dances energetically with a squirrel in her pants. Jones played Phineas and Ferb's sister, Candace Sarah Flynn.

Photo by MICHAELA GO

<i>Spirit Week Scores!</i>				
	Seniors	Sophomores	Juniors	Freshmen
<b>Overall</b>	1103	1084	1042	760
<b>Participation &amp; Dress Up</b>	180	166	171	134
<b>Rallying &amp; Spirit</b>	180	162	176	140
<b>Decorations &amp; Posters</b>	134	118	105	105
<b>Skit</b>	357	337	314	217
<b>Canned Food Drive</b>	250	300	275	200



Photo by JORDAN BRAHANEY

Freshmen Luke Amerman, John Dempsey, and Samantha Penrod performed in the Monster Inc. spirit skit. They scored last place in the skit category.



Photo by JIMMY YOUNG

Sophomore Janesh Gupta gets dragged by his fellow cowboys. Sophomores took second place and only lost by 19 points.



Photo by MICHAELA GO

The teachers put in a lot of effort, preparing for the spirit skit. Their hard effort was visible in their great performance.



Photo by JIMMY YOUNG

Juniors rally in the amphitheater dressed in togas. The amphitheater is a popular place to rally.





Photo by PAOLO BONACCORSI

Seniors celebrate their victory over the other classes. However, it was a slim 19-point victory over the sophomores.

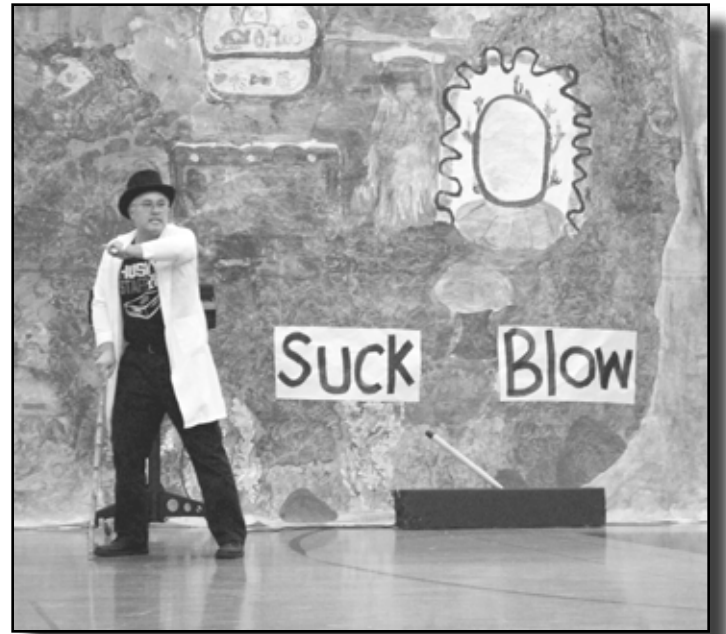


Photo by JIMMY YOUNG

Pre-calculus teacher Edwin Duerr plays Dr. Heinz Doofenshmirtz from the TV show Phineas and Ferb. His character was supposed to suck up WHS spirit.



Photo by CHRISTELLE XU

Senior Alex Tyler wins the annual apple bobbing contest. Other Halloween Rally events included the mummy wrap and the costume contest.

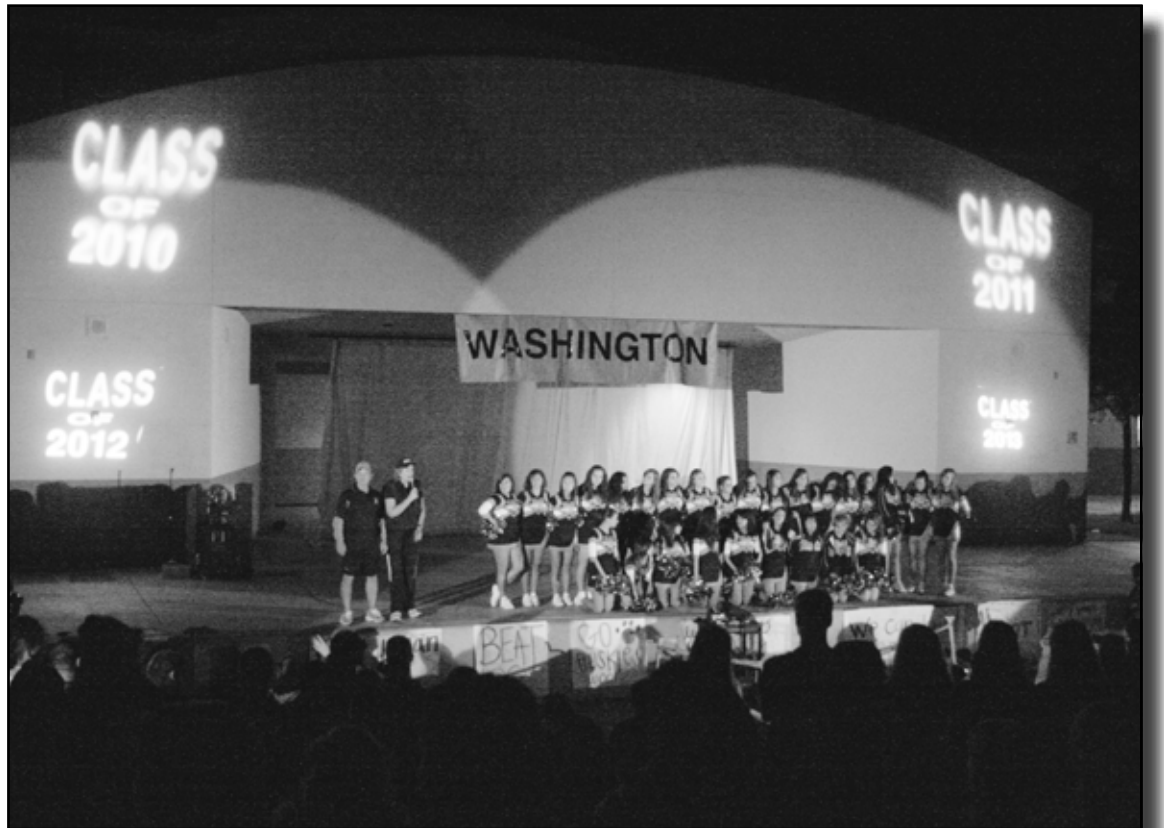


Photo by PAOLO BONACCORSI

Cheerleaders help activities director Helen Paris and football Coach Ken Whittmer chant the alma mater. Originally, everyone was supposed to sing the alma mater, but nobody knew the rhythm.



Photo by CHRISTELLE XU

New Era performs at the Halloween rally during lunch. They sang with audio difficulties, but they compensated by dancing and interacting with the crowd.

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## All Time Low guitarist discusses band life

RAPHAEL GHIEUW SIEN  
JENAE LEE  
Staff Reporters

Maryland-based pop rock band, All Time Low released their debut album "The Party Scene" in 2005, which led to their signing with the label, Hopeless Records. Their single "Dear Maria, Count Me In" from the "So Wrong, It's Right" album led the band to popularity.

Their new record, "Nothing Personal" was released July 7, featuring hit singles, such as "Weightless" and "Damned If I Do Ya (Damned If I Don't)." Their album remained as the number four album on iTunes for an entire week.

Through Moxie, The Hatchet and other student journalists were

able to conduct a phone interview with All Time Low's lead singer/guitarist Alex Gaskarth.

The band collaborates on the music, but Gaskarth writes all the lyrics for the band.

"I would say the average content of all our songs is a summary of what goes on in the life of a 19 to 21 year old who is living the lifestyle of being in a band, doing all kinds of crazy, crazy things that get thrown at you...about feelings, experiencing things for the first time and really just enjoying it all through the whirlwind," Gaskarth said.

The band was created during the members' freshman year of high school. They toured together on breaks with a parent because they didn't have their

driver's licenses and couldn't check into a hotel without an adult.

"It's not the rock and roll story you would expect," Gaskarth said.

Gaskarth certainly did not predict a full-blown career.

"We never looked at it as a career or a potential career, it was just something to talk about between weekends. We sort of did it because the bands we looked up to looked like they had so much fun doing it and it was just something that stood out to us and tired out and eventually with hard work and a lot of luck, we developed it into something much bigger and in our senior year in high school we signed a contract," Gaskarth said.

In the future, Gaskarth hopes to collaborate with Jimmy Eat World.



Photo by NOELLE FUJII

Kimberly Chatterjee, Lindsay McCargar, Kristen Topham, Alex Drachnick and Kimberly Dutrow rehearse their roles.

## 'Odd Couple' to hit stage

NOELLE FUJII  
Staff Reporter

This year's fall play at WHS is "The Odd Couple," by famed comedy playwright, Neil Simon. With rehearsals four times a week, the production is more ahead of schedule than productions of previous years.

Matthew Ballin, the director, has been teaching at WHS for nine years and has directed 12 plays and produced 15. WHS plays usually don't get many auditions while other schools get around 50 to 90 auditions but there has never been a shortage of talented WHS students.

"This cast of 'The Odd Couple' is one of the best I've had!" Ballin said.

This year Ballin has a smaller cast, but he was able to fill talented actors in smaller roles as well. Ballin believes the cast is disciplined and hardworking. The cast has even picked up the comedic timing of the play and the

rhythms of Simon's language.

Sophomore Shana Bishop, the stage manager, said the hardest part about this play is the time spent working on it.

"It's going to be the best ever! It's really funny," Bishop said.

Senior Lorenzo Dominquez who has been acting for about six years said that everything looks well and the production is progressing nicely.

Ballin was initially worried about opening night being right after Thanksgiving break but he's now confident that it won't be an issue. He believes that anyone who sees the show won't be disappointed.

There are also lower ticket prices for this play starting at \$5 for children, \$8 for ASB/Senior, and \$10 at the door. Opening day is Dec. 4 at 7 p.m. and the play will also show on Dec. 5, 10, 11 at 7 p.m. and on Dec. 5 at 2 p.m.

## BSU hosts fashion show

MATHEW JIMENEZ  
Staff Reporter

The WHS Black Student Union (BSU) is putting together a night full of tradition, entertainment, history and fashion to showcase Africa's colorful culture. They also aspire to raise some money for an important cause to fight a disease that affects many women.

Their upcoming fashion show will feature some of WHS's young women wearing a variety of clothes symbolizing African heritage from the west, the east and the north. But that's not all: There will also be traditional African music in the air, sung by a few talented souls from this very school.

The BSU Activities Coordinator, Sandra Njitanji, will focus the entire night on raising money for the HERS Breast Cancer Foundation with the ticket sales they acquire through the attendees. The BSU is looking forward to expressing the African heritage and at the same time, help to fight the battle against breast cancer.

"The BSU wants to help people. But we cannot do it alone. That's what this is all about. Helping people," Njitanji said.

The fashion show will take place on Nov. 20 from 7 p.m. to 9 p.m., in the cafeteria. Prices range from \$7 for adults, \$5 for students and \$3 for children under 10 years old.

## Artist Spotlight

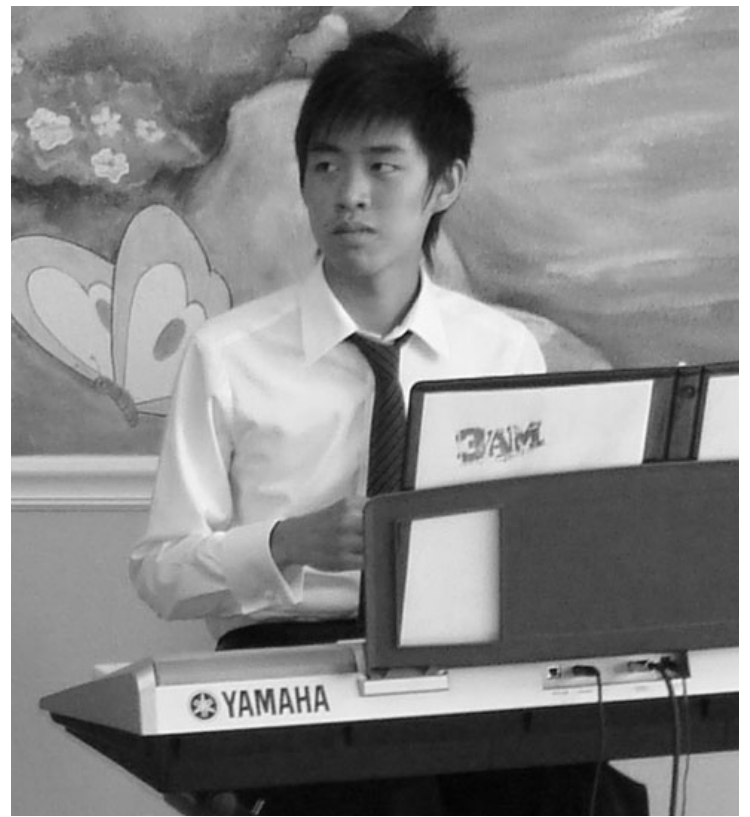


Photo by CATHERINE MO

Fung performs with 3AM for the Human Trafficking Charity Fundraiser at Pink Swirl Frozen Yogurt during the summer.

## Student performs pop

MARCY SHIEH  
A&E Editor

Freshman David Fung started playing the piano when he was eight years old. It started out as a "parent thing," but it gradually became his passion.

Fung didn't have any siblings, so he found solace in playing the piano. "Music became my friend," Fung said.

In 2006, Fung passed his Grade Eight Piano examination, the highest level of certification from the Royal Academy of Music. Passing the test was beneficial and gave him more confidence.

Fung began to play in front of audiences. His piano teacher had performances twice a year. He began to play during church worship for both youths and adults. Recently, Fung became the pianist of a band called 3AM, along with drummer Alan Ko of Mission San Jose High School,

singer Lucy Shen, also of MSJHS and guitarist Joe Chen of Irvington High School. Leaving his classical roots behind, Fung began to play pop music with his band.

"I hear it on the radio all the time," Fung said.

3AM often performs during holiday breaks. They practice for a few months beforehand in preparation for the performance. Their most recent performance was during summer break at Pink Swirl Frozen Yogurt and they played a total of 15 songs.

In his spare time, Fung writes his own music, but he is waiting for someone to write the lyrics for him. He has been using the keyboard as a tool to add different kinds of sounds to his music.

Currently, Fung is helping his church record an album. His parents and his friends have been very encouraging. In the future, he hopes to major in music in college.

You can sample Fung's music at <http://www.davidfunglk.com>.

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## Local San Francisco band rocks out on EP

RAPHAEL GHIEUW SIEN  
Staff Reporter

San Francisco band, Goodbye Nautilus' first EP, "Recycled" is an indie mix of classic rock and a hint of modern pop rock. The band sounds like a mix of The Smiths, The Beatles and Weezer.

The album starts out with the song "Heart," which is in a classic rock style. As the song progresses, we can hear catchy riffs of keyboard/synthesizer and bass in the background. "Artist Said" and "Norah" both have significantly softer sounds, which are turn-offs for hardcore rock lovers like myself.

The last song on the album is a seven minutes slow song. The song is filled with piano and guitar on the background, creating a peaceful atmosphere.

The highlight of the album is "Simone." The song starts out with a soft beginning of clean chords and the lead singer and WHS history teacher, Eric Shawn's voice. About half way through the song, there is

a guitar solo which brings the song to its climax. The guitar solo of the song and the singing matches brilliantly and creates a slightly melancholy feeling.

The song lyrics are often colored by confessions of heartbreak and alienation.

This EP by Goodbye Nautilus is now on sale on Amazon.com and iTunes for \$4.95. They are also accepting direct orders for \$6.25 on their MySpace page, <http://www.myspace.com/goodbyenautilus>. Unfortunately, this EP lacks one of the band's best, catchiest songs, "Damn Japan," which can be found on the band's MySpace page.

Although this EP isn't for those who are looking for hard rock or alternative punk pop, it is thoroughly enjoyable. However, there is still room for improvement to "pump up" some of the songs and make them more energetic. **Verdict: B**



Photo by MIKE ALMASON OF PRO IMAGE STUDIOS

Junior Andre Harlan plays the trumpet at the homecoming game on Friday night with the school's marching band.

## Band performs at halftime

SHELMY LIANG  
Staff Reporter

Homecoming is one of the most important events for a school, especially for a school's marching band. Under the instruction of music instructor Duane Mitchell the students aimed to shine with their musical abilities in front of a large audience. The band performed a field show during halftime at the homecoming football game. For three weeks prior to the event, the band practiced during class at Tak Fudenna Stadium.

"We [also] practice after school for about an hour on Wednesdays and Thursdays in the teacher parking lot," senior Nicole Torio said.

The song they performed this year is called "Malaguena" arranged by Michael Sweeney, which was a slightly more difficult piece than last year's.

The population of students in band has decreased. However, the size overall has remained fairly the same for awhile. There are more underclassmen than upperclassmen, however the

upperclassmen have more experience. It is also a small group compared to other schools; they only have thirty-four students in band as opposed to other schools with many more students. If a WHS student plays an instrument, they are encouraged to join.

The shortage of band members has a big impact on the band's field performance abilities.

"Line formation is probably spread out more," senior John Rasure said.

The reason why the line formation was spread out more during the game was to fill the field with people so it would look aesthetically pleasing to the crowd. Conducted by senior Chris Valdez, the band played a short, yet sweet piece Malaguena. Although Washington lost their homecoming game, the field performance by the band impressed the crowd.

"The band seemed on point and coordinated. They did a good job getting everybody pumped for the next half of the game," senior Naser Mohabbat said.



Photo provided by WARNER BROS

Max (Records) walks with a Wild Thing in Jonze's ambitious film adaptation of the classic children book.

## A worthy wild rumpus

ALEJANDRO MONTALVO  
Staff Reporter

Working for the first time without the brilliant Charlie Kauffman as his writer, Spike Jonze is proving to be one of the best filmmakers of the twenty-first century. From early skate videos and commercials, Jonze is known for his unique artist eye. His debut film ("Being John Malkovich") was hailed as one of the greatest films of the 1990s. His latest project: A full length feature film based upon Maurice Sendak's great classic, "Where the Wild Things Are." Since the book is only about ten sentences long, liberties were taken to expand the story into a full length feature. So really, comparisons can't be drawn between the movie and the book because they're two separate works of art.

For those who aren't familiar with the story, it's a great children's book: The young protagonist, Max, behaves outlandishly one night and is sent to his room as punishment. From there, he creates a world to which he sails away to. He meets the Wild Things in his world and becomes the king. The book doesn't go into great detail about what takes place, just that the "wild rumpus" begins. The young actor playing Max, Max Records, delivers a magnificent performance.

The book is iconic for its drawings and relies heavily upon them. So, naturally, visual effects are crucial to the film. Instead of going the CGI route, Jonze, always the rebel, decided to shoot as much of the film with actual physically constructed sets and costumes. In comparison with the book, the art work and visual scope of the film is quite different from Sendak's book. Most of the movie was shot in Melbourne, Australia to capture the "other-worldly" feel. Animatronics were brought in for the Wild Things' bodies but the

Wild Things' faces are different, since they are computer-constructed to resemble the actors providing the voices.

To expand on the book, San Francisco writer and legend Dave Eggers assisted Jonze in crafting the script and giving the film a definite heart. Jonze and Eggers delve deep and present complex themes that might be lost on younger viewers. Because of this, the film is geared more towards pre-teens and older. Not to say that younger audiences won't understand the film, only that younger

audiences will probably be lost within the character development. The film expands upon the novel by giving Max's family a back-story. Family problems arise, giving the early scenes of the film a gritty, realistic feel. All of that realism is tossed aside, however, when Max sets sail from his bedroom to Where the Wild Things are. Finding a family outside the "family" is a common theme in Eggers's literary works, and it is present here as well.

Because the book doesn't give backgrounds to the Wild Things, it's interesting to see the characteristics that were given to the film's Wild Things. Every kind of personality is represented among the community of Wild Things that Max meets. Such wonderful characters are given life by the voices of some familiar names; James Gandolfini, Paul Dano, and Catherine O'Hara to name a few.

Personally, I found this movie very satisfying; satisfying to the expectations of a child who grew up with this beloved story. If you haven't gone to see it yet, if some inhibitions are stopping you, get over them and go see this movie. **Verdict: A-**



## A New Twist

Have a plain shirt or a basic pair of leggings lying around that needs some edge? Why don't you try some of these easy do-it-yourself projects that I've discovered that easily works into your fall 2009 wardrobe?

Get inspired by the Free People fall line with cut-out leggings. All you need to do is take a pair of black leggings and some scissors. There are a few different ways you can cut them. You can make slits on the front or the side of the leg. Or look to the Anna Sui for Target line and make random holes wherever you like. Wear it with a tunic, statement shoes, and a chunky necklace.

Another thing you can do with leggings or a basic shirt is acid wash. Look to American Apparel for some inspiration on how you might want it to look. For this look, you will need your garment and household bleach and gloves to protect your hands. First, you will need to wet it in the kitchen sink, and then ring it out. Next, generously squirt the bleach on random area of your garment, leaving some bits uncovered. Let it sit for about five minutes or however long till you get the color you'd like. Once you're happy with it, throw it in the washing machine for a spin.

This next look has to be my favorite and you've probably seen me around campus with this piece. Have you guessed what it is? It's a pair of tie-dyed leggings, influenced by lines from J. Brand and Balmain.

For a step-by-step process on how to tie-dye a pair of leggings, look for an extension of this article on The Hatchet website. There, you will also have a chance to win a pair of size medium tie-dye leggings that were made by me!

To enter, post a comment on the online article (<http://whshatchet.com/uncategorized/2009/11/09/jenae-is-today-a-new-twist/>) with your name and e-mail. You will have until Nov. 17 to post a comment. You can only post a comment once. Each comment will have a number. Then on Nov. 18, I will pick a comment at random and the random winner will receive an e-mail to come pick up the leggings in room E224, where they will be wrapped up and waiting for you! Good luck!



Photo by JENAE LEE

Win these leggings!

## Huskies lose more than homecoming

YAMA HAZHEER  
Staff Reporter

The varsity football team lost its homecoming game by the final score of 10-28. Not only was it a homecoming loss, but the loss also gave the Pop Gould trophy to the James Logan Colts.

The Pop Gould trophy is a competition founded by J.V. Gould between rival schools James Logan and WHS. Every year the trophy is awarded to the winner of the Washington-Logan football game.

"I think our defense played well all night, but our offense struggled," senior and captain David Ross said.

The Huskies held the Colts to only a field goal on their first drive, but turned the ball over which resulted in a touchdown for Logan. In the second quarter, WHS forced a fumble and took the ball deep into the field. Senior Josh Wilson kicked a field goal to make the score 10-3 during halftime.



Photo by MIKE ALMASON

Senior Nate Solverson (22) and teammates attempt to tackle a Logan receiver, as senior Cedric Lousi (89) comes to aid.

After the half, the Colts scored quickly to make it a 15 point difference. The Huskies scored a touchdown off a two yard run from Ross, to make the score 18-10 in the third quarter.

"I don't think we played as hard as we can," senior Khalid Hassan said. "I've seen us make amazing

plays. What lost us the game was pretty much lack of effort."

WHS looked like they were ready to make a comeback, but colt receiver, Toni Pole caught a 78 yard touchdown reception to seal the win for Logan.

"I thought we played well with an exception to a few blown

coverages and dropped passes," senior Tanner King said.

Ross insisted that his injured elbow was not the reason for the team's offensive struggles.

"We could have played a lot better on offense," Ross said. "My elbow is good enough to play. I am getting surgery after the season."

This was the first loss for Washington in league play. They are now second place in the Mission Valley Athletic League (MVAL) behind Logan.

"In order to win in the playoffs we need to play a perfect game and everyone needs to execute their responsibilities," King said.

## Girls varsity tennis falls short of their goal

TYLER ROWE  
Staff Reporter

The Washington High School Girls Tennis team ended their season with a victorious 7-0 sweep over Kennedy high school Oct. 30. The varsity team then proceeded to MVAL finals Nov. 2.

"I'm definitely looking forward to MVALs because our team has been working really hard this season," said co-captain and junior

Lauren Hishinuma.

The girls went 8-5 this year with a 3-4 loss to James Logan.

"We were competitive in most of the games [singles and doubles], but the doubles really brought us up well this season," Coach Matthew Brahmbam said.

Brahmbam plans to train and work with the girls on mechanics during off season to build a more solid team for next fall.

Hishinuma and junior LiAnn

Bressler were both recognized at MVAL finals as members of the Second All-League team for singles. Senior Shelmi Liang, junior Tabitha Kirk, senior Kaylee Miu, and freshman Alice Pham, were honored with Second All-League for Doubles.

Varsity one singles Lauren Hishinuma advanced to quarter finals after two easy wins against American (6-0, 6-1) and Kennedy (6-0, 6-2) Nov. 2, but lost to Rajeev of Mission San Jose (6-1, 6-1).

Varsity one doubles team Kaylee Miu and Alice Pham, seeded 4th in league, also advanced to quarter finals after defeating Irvington (6-2, 6-0), but lost (6-4, 1-6, 5-7) to Thatch/Bautista of James Logan.

"It felt really bad losing to Logan during finals, especially since we beat them twice in league. We should have beaten them right from the start, but we kept the game too close. Our team was counting on a win from us, but we let them down," Alice Pham said.

For a complete 2009 score and schedule update of girls tennis, check out [whshatchet.com/sports](http://whshatchet.com/sports).



Photo by BRIAN JEON

The girls tennis team huddles to cheer before their match.

## Huskies play the elites

ELMER CEJA  
Staff Reporter

The Division I league (DI) is the most prestigious sports league across the United States. In the fall of 2008, Washington High School became a Division I school due to the increase in student population size. The breakpoint is at 2,100 students which kept Washington down in Division II for a while.

When a school is a Division I high school, it does not affect league play, but it makes post-season competition much more difficult. All schools in the Mission Valley Athletic League (MVAL) are also Division I, except Kennedy High School. Due to the intense competition, many Division II teams are unable to even qualify for post-season play unless they win a championship.

Varsity football Coach Ken Wittmer said, "in order to demonstrate that Washington is a good team and can compete, I schedule the best competition I can get to play us."

Last fall the varsity football team was disappointed by its loss to Cal High 41-0, and this year Coach Wittmer scheduled another game against them, putting their season record at risk. However, this time around, the varsity football team beat Cal High 30-28, shocking spectators from around the Bay Area.

"It puts us at risk if we lose, but when we win, it demonstrates the strength of Washington football," Wittmer said. "It is a combination of the player's personal performance, team history and reputation, and the coaches' ability to promote the player, that helps get them recognized."

"It puts us at risk if we lose but when we win, it demonstrates the strength of WHS football,"  
Coach Wittmer



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## Girls hit jackpot into NCS

RICO DONELSON JONES  
Sports Reporter

After first round of league play, the girls volleyball team looked unbeatable.

They played well as a team and defeated Mission San Jose in three games, placing them first in league. However, while on their way to league title with a 10-2 record, the girls were defeated by James Logan, tying them to Mission San Jose. A tie-breaker for league title took place Oct. 30, against Mission San Jose, but was played on neutral grounds--Kennedy High School. That way, neither team could have home court advantage. The Huskies lost a 0-3 game, making them league co-champions with Mission San Jose.

Home court would have definitely helped the lady Huskies considering they were 8-0 at home and 4-3 on the road.

Without the "Argus player of the week," junior Konami Yokoyama in the lineup, the lady Huskies struggled and lost to Irvington High School, ending their 2009 season.

However, the North Coast Section (NCS) committee held a meeting Nov. 8 about extending the amount of teams entering in the playoffs this year, and the Huskies got lucky.

The first game, round one of NCS playoffs, will be held Nov. 11



Photo by EDIN CRISTOFI  
Senior Cody Bates serves the volleyball to Mission San Jose. She has a season avg. of 10 aces.

against James Logan at home.

With Yokoyama back on the court, with 193 kills season kills and senior Cody Bates' season average of 139 digs, the Huskies will be well off.

## Alumni polo schools the high schoolers

JORDAN BRAHANEY  
Sports Reporter

In the annual alumni water polo game at the Washington pool, Oct. 17, 28 players showed up. The girls started the game off with alumni Jenna Silva of '05, Traci Robertson of '05, Kristy Cardone of '06, Katie Rehnberg of '06, Erin Carscadden of '09, Allie Norris of '04, and Carissa Bergman of '98 against the current varsity girls team.

"It was great to come back and

see everyone [again]," Carscadden said.

The game was even refereed, and a few fouls were called to make the game more official.

"The game was really fun, even though the alumni ended up beating us. Every one had a good time, and was really relaxed. We learned a lot in general from the alumni," sophomore Caitlin Yamaguchi said.

The alumni boys team included Mo Dictor of '06, Page Frakes, Joe Nilson of '06, Cameron Brahmst

of '05, Jimmy Dunsford of '08, Kevin DeFranco, of '08, Richard Montgomery of '73, Casey Cardone of '04, Sean Nicolaysen of '03, James Yauch of '02, Sean Ceballos-McGee of '03, Matt Dring of '08, Christ Dring of '05, Vincent Guevara of '02, Randy Usedom of '78, Scott Harvey of '08, Jim Hassett of '90, Nonda Kozas of '08, A J Griffeth of '09 with Ken Neumeister of '73 and Bob Dunsford of '76.

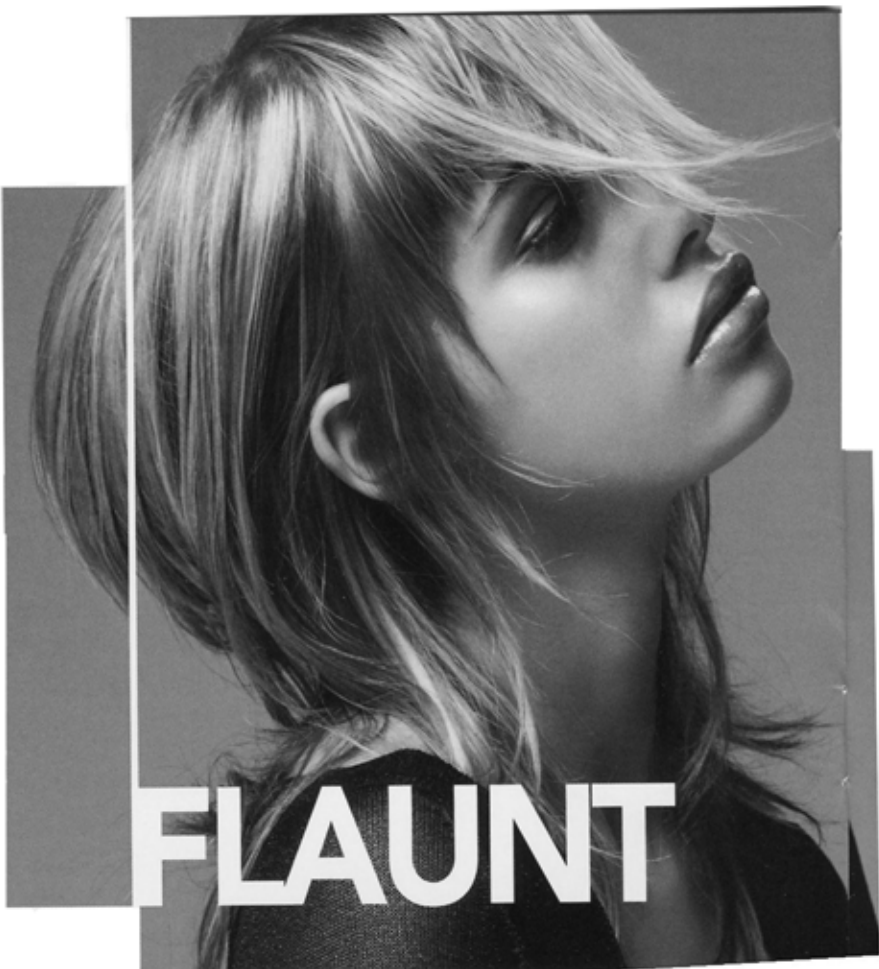
The current varsity boys managed to keep the game close, losing by only point to the alumni.



Washington water polo alumni gather and pose before the big game.

Photo by DIANE WHITTY

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## Beginning to the end

With fantasy football coming to an end, there have been many shockers and busts. Some surprises have been the emergence of Kyle Orton and Denver Nuggets, Mario Manningham from New York Giants and DeSean Jackson's, the Philadelphia Eagles. Their consistency with points have impressed fantasy owners. Matt Forte of the Chicago Bears and Clinton Portis from the Washington Redskins may have been some players who disappointed have you. But you can guarantee that those players won't be able to redeem themselves with the season almost over.

With one season ending, another is beginning and yes, I am referring to basketball.

Some sleepers that may bolster your fantasy team are:

Roy Hibbert, center for the Indiana Pacers. This is Hibbert's second year in the NBA and he looks very polished, just through the first couple of weeks of the season. Hibbert is making a big impact coming off the bench and if he continues to play this way, you can guarantee that he will be starting before mid-season.

Jason Thompson, power forward for the Sacramento Kings is another second year player that you might consider drafting. Unlike Hibbert, Thompson has been a starting power forward ever since last season, so you can expect a more reliable performances on a night-to-night basis. Thompson probably was not someone you would have picked up last year because of the lack of consistency. However, with last season under his belt you can bet stability will be there this season.

People you shouldn't expect much from this year are:

Caron Butler, a small forward for the Washington Wizards. With "Agent Zero" a.k.a. Gilbert Arenas back and with the new additions of Mike Miller and Randy Foye in the off season, I don't expect Caron to get as much playing time.

Keyon Martin, a power forward for the Denver Nuggets. Don't anticipate Kenyon to be in the spotlight with the emergence of "Birdman," otherwise known as Chris Andersen. In the 2008-2009 playoffs, Andersen did all the dirty work in the paint, creating havoc for opposing offenses. Both players are playing spilt minutes even though Kenyon starts every game.

## Huskies in final stretch

KAYLEE MIU  
Sports Editor

The rescheduled meet between Washington and Newark Memorial was combined into a tri-meet at Coyote Hills Nov. 4 with Irvington and Kennedy High Schools, sealing the last league meet of the year. The varsity boys came out strong as senior Ben Rich, junior Jesse Chestnut and senior Max Landon swept the first three places against Newark Memorial, and junior Marc Leprince taking fourth against Kennedy. The boys varsity squad ended their league season with a 4-2 record, losing to Mission San Jose and James Logan.

Freshman Nolan Peterson takes his fifth win in the Frosh/Soph boys division against Kennedy. Recovering from muscle detachments, he will join the varsity boys at North Coast Sectional Championships after league finals.

"I've been out injured most of the season, but I'm healing pretty well right now, and am planning to have a good meet at MVALs," Peterson said.

The varsity girls have powered their way into a 5-1 league record, losing to Mission San Jose. Lead by juniors Jessica and Rachel Gerards, the girls season came out stronger than their previous season. The girls squad crushed Newark Memorial as juniors Jessica Gerards, Rachel Gerards, Maggie Sullivan, freshman Jessica Yee and sophomore Kelsi Ocon

swept the top five times. Junior Laura Dunford and sophomore Emma Johnston followed behind against Kennedy, as all seven girls dominated in the meet.

"A lot of us were injured or not feeling well [when we raced against Mission]," sophomore Kelsi Ocon said. "We plan to peak at MVALs, so hopefully we'll all perform at our best."

The Huskies will compete at the MVAL finals Nov. 12 against the league schools for entrance into sectionals.

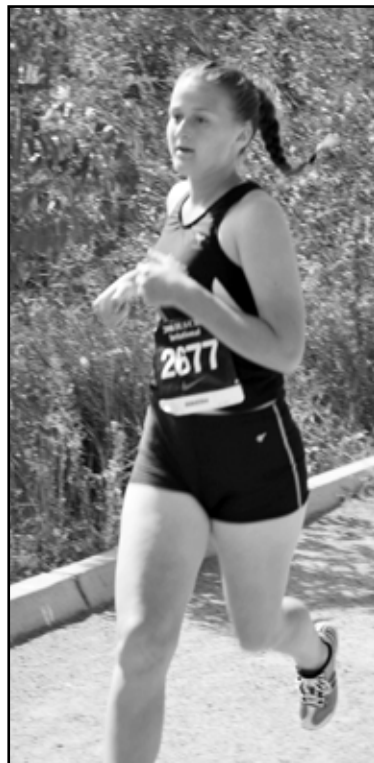


Photo by MAX LANDON  
**Junior Laura Dunford paces herself as she starts off the race.**



Washington High School prides itself in outstanding athleticism. But students aren't the only ones that exceed in sports. Our Husky staff also has athletic accomplishments of its own, but can you guess who's who?

**1. This teacher played tennis for Mission San Jose High School and qualified for NCS in doubles.**

**2. In 1984, this teacher ran the 400m dash in 54 seconds.**



Last issue's answers:

1. P.E. teacher James Jones was inducted into the San Francisco State Athletic Hall of Fame.
2. Government teacher Elizabeth DeWitt was All-State and All-Conference for volleyball in high school.

Photos by RAPHAEL GHIEUW SIEN

## Students discuss Series

STAFF MEMBER  
Staff Position

The Yankees' recent success in a six-game series has polarized students into either fans or haters.

Senior Ryan Shively has been a New York Yankees fan since he was eight, even though his entire family supports the Red Sox. He thinks the Yankees' repeated success is justified by the cash flow of ticket profit the team makes at each home game.

"The Yankees didn't generate any money in the '80s when they sucked," Shively said. "We use our money that we make to make the team good. Other teams aren't willing to use the money that they have."

However, critics like A's fan senior Eric Stenholm believe "there should be a salary cap to [each MLB team] mak[ing] it more competitive, like the NFL. Think about teams like the Oakland A's and the Devil Rays who don't have fans coming to every game. It's unfair."

Although controversies of injustice may be strifling within the world of baseball, at the end of the day, the fact remains that the New York Yankees had a 4-2 win over the Philadelphia Phillies, securing them another World Series win.

### HUSKY SPORTS SCORE BOARD

BOYS CROSS COUNTRY	TENNIS	VOLLEYBALL
<i>American @ WHS - W</i>	<i>WHS @ Kennedy - W 7-0</i>	<i>WHS v. Mission San Jose - W (3-0)</i>
<i>James Logan @ WHS - L</i>	<i>WHS @ Mission San Jose - L 0-7</i>	<i>WHS @ American - W (3-0)</i>
<i>WHS v. Irvington - W</i>	<i>WHS @ American - L 1-6</i>	<i>WHS @ James Logan - L (1-3)</i>
<i>Newark Mem. @ WHS - W</i>	<i>WHS @ James Logan - L 3-4</i>	<i>WHS v. Irvington - W (3-2)</i>
<i>Kennedy @ WHS - W</i>	<i>WHS v. Irvington - W 4-3</i>	<i>WHS @ Kennedy - W (3-0)</i>
<b>GIRLS CROSS COUNTRY</b>	<i>WHS @ Kennedy - W 7-0</i>	<i>*MVAL League Tie-breaker WHS v. Mission San Jose @ Kennedy - L (0-3)</i>
<i>American @ WHS - W</i>		
<i>James Logan @ WHS - W</i>		
<i>WHS v. Irvington - W</i>		
<i>Newark Mem. @ WHS - W</i>		
<i>Kennedy @ WHS - W</i>		
<b>FOOTBALL</b>	<b>BOYS WATER POLO</b>	<b>TRY-OUTS</b>
<i>WHS @ American - W 54-3</i>	<i>WHS @ American - W</i>	<b>Boys Basketball:</b> 11/9-11/13, 4:30-7:30p. WHS weight room/gym
<i>WHS @ Newark Mem. - W 21-2</i>	<i>WHS @ James Logan - W</i>	<b>Girls Basketball:</b> 11/10-11/13, 3-5p. WHS gym
<i>WHS v. Mission San Jose - W 57-0</i>	<i>WHS n. Newark Mem. - W</i>	<b>Boys Soccer:</b> 11/9-11/13, 3-5p. Back of WHS Freshman Football Field
<i>WHS @ Kennedy - W 48-0</i>	<i>WHS @ Irvington - W</i>	<b>Girls Soccer:</b> 11/9-11/13, 3-5p. WHS Freshman Football Field
<i>WHS v. James Logan - L 10-28</i>	<i>WHS v. Mission - W</i>	<b>Wrestling:</b> 11/9-11/13, 3-5p. WHS aux. gym
<b>GYMNASTICS</b>	<b>GIRLS WATER POLO</b>	
<i>WHS v. James Logan - L</i>	<i>WHS @ American - W</i>	
<i>WHS @ Mission San Jose - L</i>	<i>WHS @ James Logan - W</i>	
<i>WHS v. Los Lamos - W</i>	<i>WHS n. Newark Mem. - W</i>	
<i>WHS v. Irvington - L</i>	<i>WHS @ Irvington - W</i>	



Photo by PAOLO BONACCORSI

Junior Willow Osage is thrown into the air by her fellow cheerleaders. The cheerleading team later placed second in the regional competition, Nov. 8.



Vice Principal Lance Miller, gets sprayed with silly string during the staff skit.

Photo by Raphael Ghieww Sien



Photo by JIMMY YOUNG

Seniors show their spirit during the sophomore skit. This 70's Day caused a massive hippy movement.



Photo by JORDAN BRAHANEY

Athletic director Mike Tripp hoists the Pop Gould trophy into the air to show the crowd. Students gathered for the first Night Rally since the 1950s.

Junior Kim Valdovinos plays the trumpet during the halftime show of the homecoming game. The band class prepared for the event days in advanced. The homecoming game is one of the largest and most important events for band.

Photo by MIKE ALMASON

